



Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- the engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

Accountability & Impact - Ofsted inspectors will assess and report on how effectively this new funding is being used when making the judgement on the quality of the school's leadership and management. Schools are required to keep parents informed and publish plans for deployment of premium funding on their website and must include:

- The amount of premium received
- A full breakdown of how it has been spent (or will be spent)
- What impact the school has seen on pupils' PE and sport participation and attainment
- How the improvements will be sustainable in the future
- The percentage of pupils within their year 6 cohort that can do each of the following:
 - o swim competently, confidently and proficiently over a distance of at least 25 metres
 - o use a range of strokes effectively (for example front crawl, backstroke and breaststroke)
 - o perform safe self-rescue in different water-based situations





Funding - Individual schools will receive circa £16000-20000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; staff CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year 2022/2023	£16,800
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	55% (6/11) Summer 72% (8 out of 11)
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	36% (4/11) Summer 45% (5 out of 11)
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	55% (6/11) Sumer 72% (8/11)
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	YES

Time 2 Move - 'Time2Move' is the Cornwall Framework for PE and School Sport. It has been produced by a range of key stakeholders here in Cornwall including Head Teachers and subject specialists taking into account the outcomes of the primary sport premium and Ofsted recommendations. For those schools seeking a comprehensive school sport offer it provides a blueprint to develop excellent delivery both within and outside the school gates. As part of this initiative schools are provided with advice and guidance including a self-assessment audit and action planning template (for further information go to www.cornwallsportspartnership.co.uk/pe-and-school-sport). The following table outlines plans for the deployment of the sport premium funding this year set against the ambitions of the framework.

Lead member of staff	Louise Jones	Lead Governor	Lucy De Sola Pinto
responsible		responsible	





			Impact	
			-On pupils PE/SS/PA participation	Future Actions &
Area of Focus &	Actions	Funding	-On pupils PE attainment	Sustainability
Outcomes	(Actions identified through self-review to improve the quality of provision)	-Planned spend	-On pupil/school whole school improvement (Key Indicator 2)	-How will the improvements be sustained?
			-Any additional impact	-What will you do next?
			Summer '23 Review	
	Buy in to TPAT PE and Sports offer	From Top Slice	The school will have access to high quality support, CPD and access to cluster events.	All staff to be kept informed of future CPD courses through LJ and Real PE website
	Invest in Real PE Legacy to support the delivery of PE across the school. This will also provide CPD for all staff. Training sessions booked for LJ and whole school training/ model lessons/ coaching visit by Real PE specialist.	£4,389.50	All staff will be competent and confident to teach PE Subject knowledge will be further enhanced leading to exciting and	Next: to work towards daily physical activity, 'Puffins' class will trial 20 minute PE session every day in addition to their main PE session. KS1 and 2
Curriculum Delivery engage young people in a high quality,	Review curriculum using Real PE. Design rolling programme to reflect new class structure and to ensure progression of skills. Use of cluster lead Tom Studd to deliver CPD	Part of Cluster	stimulating opportunities for all children All pupils have high quality PE lessons. Staff confidence in teaching	will trial the 'Real PE Daily' activities using the 'Funs' coloured skills to adapt to meet the needs of all children.
broad and balanced curriculum	for identified staff and curriculum teaching alongside staff. 2022 2023-large apparatus	sports offer £100 per day for	including Real PE is growing. Tom has delivered training and has taught lessons for teachers to watch, using high and low apparatus. Teaches confident to teach this next	Next: Introduce Real PE home and Real PE Bursts to improve home/school communication re PE and to encourage families to build healthy habits
	Poostor swimming sossions for VE / 6	transport plus hire of pool and	year	Next: CPD- traditional sports linking to Real PE
	Booster swimming sessions for Y5 / 6 children who have not met expected standard of 25m by Summer Term '23	swim coaches child per session approx. £1200	70% of combined Y5/6 can swim 25 metres compared to 40% in the autumn term. Our current year 5s will need to be a focus next year.	Next: For Autumn '23, an intensive swim week is planned with more pool time,





			as this has been shown to be more effective for building on skills each day. Training on CD Wheel
Provide KS1 children with the opportunity to attend weekly sessions at Mullion Gym	Mini bus hire .45 per mile £25.20 plus staffing £98 £123.20	Increased numbers of pupils participating in an increased range of opportunities and activities such as gymnastics This did not happen due to Mullion Gym no longer running. Gymnastics will be a focus for next year.	L Jones / L Bray to liaise with Mullion Gym and organise staffing and transport Mullion gym has closed down. Explore alternative opportunities – ensure Real Gym is planned for 1 term next academic year
Purchase/ replenish equipment needed to deliver the Real PE curriculum/ assessment Purchase cones, 'spots', netballs, football nets and replace any worn/damaged resources (after audit)	£300	Lessons will be well equipped with every child having access to necessary equipment. May need to purchase more low level gym equipment and matsaudit Autumn '23	Complete audit of PE equipment & consult with School Sports Organising Crew





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	Each class to participate in an outdoor learning day at least once per year e.g. Surfing, orienteering, archery, rock climbing (BF Adventure & HRST)	£300contributio n per class+ £1200	Children will engage in new and different activities and opportunities and will be inspired to continue into the future. Pupils overcoming fears, finding new interests	Next: Pupil voice, would like climbing – next year Granite planet? This is also beneficial for proprioception
	To encourage a higher participation in at least 30 minutes of physical activity a day and to maintain activity levels at break	No cost- part of lunch time provision	To build stamina, perseverance and fitness to give them confidence/motivation to pursue competitions	Next: GW to run lunchtime Cross Country/ running club
	times- set up lunchtime 'energy' clubs- LB to manage each lunchtime.		eg Cross Country. Many more children running, stamina increasing.	Next: Need to encourage more girls and consider KS1/FS
Physical Activity, Health & Wellbeing all young people are aware of health related issues and are supported to make informed choices to engage in an active and healthy lifestyle (Key Indicator 1)	KS1 Water confidence sessions- this is essential, as we have found that despite the school being in a coastal village, a high number of children are still unable to swim at KS2; therefore we need to provide a 'preteach' confidence/basic skills session to prepare them for KS2 and to ensure we can assess pupils' needs early.	From Curriculum budget & parent contributions	To develop water confidence and Level 1 swimming skills. To assess children in order to plan appropriate lessons for end of KS2 expectations. Progress seen over the weeks, less able swimmers identified in readiness for KS2 swimming	Next: Planned physical interventions/ breaks will be included in the timetable eg using the coloured Funs and proprioception cards
	To provide the following enrichment activities: o 'Meet the Lifeguard' day- learning about beach safety and 'float to live. o Trevassick Lake for KS1 and KS2-	No cost Many opportunities sourced for free	To develop pupils' physical health	Possible 'pre-teach' group next year to enable all to reach the end of year expectations.
	 water safety including cold water shock, capsizing, water survival skills Healthy Food and Nutrition workshops from Chartwells EYFS complete the Balanceability programme and UKS2 complete the 	Trevassick Day & surfing -£700 (whole school) KS1 Beach Day with lifeguards £300	and wellbeing and and to develop the life skills and habits necessary for them to live a healthy, safe and independent life.	To build on swimming lessons- use Trevassick for open water swimming





Bikeability programme by Summer '23	Servicing balance bikes, refresher training £50		
TAs to attend 'Healthy Playtime' training-budget provided for renewing/ replenishing 'Huff and Puff' lunchtime activities. 'Active Science' resources & activity cards to enable pupils to use playtimes to explore science/physical activities	No cost From Science budget	Active, occupied children are playing more cooperatively with each other Physical activity will be a driver and will be considered in all subject areas. Our less active 'scientists' have been encouraged to participate in physical activities to increase fitness.	
To review and continue to engage in the Cornwall Healthy Schools programme - engage in the Healthy Early Years programme- 2022 23 will be the core theme of physical activity & active travel- working towards the Physical Activity award	-	There will be greater awareness amongst pupils/parents about the benefits of physical activity including sustainable travel and the dangers of a poor diet, smoking and other activities that undermine health	L Jones to focus on main objectives for this year. Healthy Schools award on hold but Super Sixes to lead in school. Look to purchase bike racks to encourage more to cycle than drive
Maintain the school track in a weed free state to enable children to run or walk a daily mile (or age and stage related distance to build stamina) within the school day, to encourage all ages and abilities to be active	Volunteers	All pupils will be engaged in regular physical activity that will have an impact on their concentration levels as well as overall fitness Track is used every day in all weathers, enabling children to get active	Staff to continue to facilitate the daily mile/ daily fitness Next: Painting of track and alleyway showing distance travelled
Continue to participate in walk to school weeks and the promotion of active travel	-	Walk to school week and the Bikeability programme will give children the knowledge and skills to walk and cycle on a daily basis	S Tattersall to sign up for Walk to School and 'Beep Beep' (KS1) and to arrange Bikeability sessions





	To build on Wild tribe training from last year by purchasing equipment for activities in EYFS, and KS1. Planning will be linked to PE curriculum objectives, FUNS (and science) Purchase of materials to ensure all children	£500	In Wild Tribe activities, risks are managed well so that pupils can take part in a range of exciting activities that develop their self-confidence and self-esteem. Objectives have been carefully planned for Ks1 & 2 Many children benefit from sensory	Trained practitioners (JT & CH) to continue to provide Wild Tribe activities within the curriculum Next: Audit of field,
Diverse & Inclusive provide a fully inclusive offer that	have independent access to resources that provide sensory feedback to ensure all children use the outdoor space as much as possible. (Previously sensory therapy/support has been sedentary and indoors. Research shows that children benefit from sensory experiences outside and in nature. Purchase (and source free) proprioceptive materials eg heavy logs, crates, wheelbarrows for ALL children to use	£415.68	and proprioceptive play, even for a short period of time. These activities have helped pupils to achieve a calm and alert state which then improves emotional wellbeing and the ability to engage and learn.	playground and all outside space Next: Higher proportion of children accessing at least 30m of physical activity a day. Now need to think about 20% of pupils who are inactive and do not choose physical activities eg running. Set up 'walking' or 'hiking' club eg through the village, down to the farm.
recognises the diverse needs of specific groups and identifies tailored opportunities for all young people (Key Indicator 4)	Ensure pupil voice is heard- SSO Crew and School council to lead questionnaire to find out what sports/ activities would be popular	No cost	Less active children will take part in sports or physical activities that appeal to them, making sure all groups are catered for	Pupil voice shows that some, less active children are not motivated or inspired by traditional sports- next year plan for a wider range of after school clubs & linked to other curriculum subjects
	Able and talented pupils in PE nominated for Sports academies and A/T sessions run by Mullion School, Helston College and Penryn.	£100 staffing & travel	Children feel valued and inspired leading to a more positive outlook on life. Aspirations and ambitions will be fulfilled which will have a positive impact long term.	Enable access to A/T sessions at Mullion School. Invite to trials at Penryn Football development Centre and County Cricket. L Bray to keep note of dates





	To continue to compete against other schools in the Mullion/Helston Cluster Sports	£2,750	The number of children who participate in the cluster events will rise- they will develop healthy habits and continue to access running	L Bray to liaise and co- ordinate letters for parents and transport to events
	Partnership (membership) To aim high and once again represent the area at the Cornwall School Games as we have previously (staffing costs)	£350	clubs/ recreational running within the village/ their families Profile of the school will continue to be rise and children will develop a sense of pride to be representing the school and area, and will have aspirations for future competitions.	Create displays showcasing all competitions- L Bray to coordinate
Competitions			Increased number of pupils participating in an increased range of competitive opportunities.	Liaise with School Council and SSO crew as how best to encourage upper KS2
Provide a well organised, appropriate and enjoyable programme of competitions and festivals for students of all abilities (Key Indicator 5)	To increase the number of children competing at inter-school level especially in year 5/6. Staffing costs for organising, transporting and supervising. To increase the profile of playing in a	£350	Fitness levels and stamina will increase The profile of cross country and other cluster events will be raised-children will demonstrate confidence, enjoyment and	Purchase medals, certificates, trophies to showcase talent and celebrate success Create a 'wall of fame' in school or a virtual one on
	competitive sporting situation. Supply costs and purchase awards:		commitment to these. Children will understand the importance of trying a range of sports and the dedication and effort that is required to excel in sport	website LB to look into
	Organise and develop an intra-school programme of competitions centred on the house system.	£300 budget staffing	Leadership opportunities will arise when children are encouraged to play in mixed age and ability teams Including 'circuit' sports day '23	School Sport Organising Crew (SSCO) to organise inter-house netball, football and swimming competitions for KS2. Multiskills for KS1. Athletics in the summer





	Provide transport for out of school events like cross country to ensure equity for all. Minibus cost @45p per mile + minibus driver	£530	Equity of opportunities: Many parents have to work and/ or find it difficult to transport children to events. Providing transport will give more children the opportunity to compete. Our aim is for EVERY child to participate in at least one event each year. Need to increase % target	Chance to Shine Cricket Club (Gary & Ben) to run Aut & Spring As we are no longer in the same MAT as our local schools it is no longer possible to hire the minibuses. Look into hiring from the secondary schools, source drivers
	All Year 6 children trained using Primary Sports Play Leaders scheme delivered by Tom Studd - Autumn '22	Included – see above	for next year Play leaders will be confident role models and will encourage younger pupils to partake in regular physical activity.	
	Year 6 play leaders to start their leadership programme by helping run lunchtime activities. Year 5s to be introduced to the playmaker scheme in the summer term.		All pupils will be engaged in regular physical activity Younger children aspire to be like their 'role models' Children will learn vital leadership skills which will enable them to be role models	B Carey & L Jones to co- ordinate year 6 play leaders. Liaise with lunchtime staff to create a rota of leaders and activities
Leadership, Coaching & Volunteering provide pathways to introduce and develop leadership skills	Organise a new School Sport organising crew to help PE coordinator organise intra-school activities and co-ordinate lunchtime activities/clubs. With Leadership badges and T-shirts	360	Children will understand what it takes to be organised and how to manage activities Linked to super sixes	L Jones / L Bray to run an assembly promoting School Sport Organising Crew. Children to be encouraged to put their name forward.
	Continue to work collaboratively with the Mullion School partnership ensuring our school attends festivals and competitions. PE staff to attend cluster meetings.	Ensure staff meetings are	Children and staff will make positive and lasting relationships with other children across the peninsula and beyond leading to improved transition in to secondary school	L Jones and L Bray to keep in regular contact with T Studd and PE coordinators from neighbouring schools. L Bray to administrate and





		worked around these	Children support each other (and other schools) at events eg Cross country. They enjoy competing	coordinate all sporting activities within and outside the school, liaising with children / staff, parents and external partners
	Engage with local clubs in both curriculum and out of school activities e.g. Mullion Gym Club, Culdrose and Helston youth football	? Source free?	Increased numbers of pupils participating in an increased range of opportunities.	Promote clubs via website links. Look to build sustained relationships with clubs over the next year Mullion gym has closed- look for alternative opportunities within traveling distance. Chance to shine cricket to run Spr '24
	Continue to work with and contribute towards the Helford River sailing trust	Parental contribution goes towards this £995	Children to be given the opportunity to experience a skill unique to the area in which we live. Water safety skills will be addressed that will benefit all children	Razorbills' teacher B Carey to liaise with HRST and deliver sailing curriculum from Aut '23 Next: Add open water swimming to HRST activities
Workforce increased confidence, knowledge and	Provide relevant CPD opportunities for all teaching and non-teaching staff through REAL PE subscription and ongoing use of website. LJ to attend Real PE training Use TPAT PE hub lead and Mullion/Helston cluster lead to deliver additional CPD to staff.	See above See above- included in sports offer	Real PE regional trainer to deliver online INSET as needed. LJ to feed back and lead staff meetings from training attended Cluster lead will provide CPD for all staff	Continue with Real PE and use CPD section on website/ training Next: Use of Real Gym and Real Dance. Work with SupaSport
skills of all staff in teaching PE & sport (Key Indicator 3)	Admin hours for LB to ensure all events and opportunities are in the calendar and plenty of time is given to ensure staffing is available, accompanying children to events (or volunteers to help transport)	£1,596	More confident and competent staff with enhanced quality of teaching and learning Children will have the opportunity to be taught by a number of role models	South West- Georgie to teach Real Gym and Real Dance, teachers to observe and co- teach





NB volunteers will need: Volunteer application form 2 referees DBS check Volunteer driver from & business insurance	Staff confidence has increased greatly and Real PE is being delivered across the school.	
		Next: 2023 2024 Real PE assessments will be used to track progress & inform planning