



Landewednack Personal, Social and Health Education (PSHE) Policy

Last Reviewed December 2025

Next Review December 2027

Related Policies

This policy should be read in line with

- Safeguarding and Child protection
- Prevent
- Positive Behaviour and Anti-Bullying
- Relationships and Sex Education (RSE)
- Online safety and data security
- Equality Statement

Policy Content and Rationale

- This policy covers our school's approach to Personal, Social and Health Education. The relationships and health aspects of PSHE became compulsory in all schools from September 2020.
- The policy was produced and is reviewed using the guidance from training and resources from the PSHE Association and through consultation with staff, parents and children.

Policy Availability

- The policy is available to all stakeholders through the school website. Paper copies are also available in the school office on request
- If you require this policy in another format, please contact Mrs Sue Tattersall landewenack@tpacademytrust.org by calling 01326 290337

Policy and Objectives

- This policy is committed to broad outcomes for children and is informed by our school's ethos, our school drivers of Aspiration, Independence and Diversity the Co-operative values, British values and our commitment to our SHINE values.

- Our PSHE programme aims to fulfil our moral obligation to support children through understanding different life experiences and circumstances, while preparing them for opportunities and responsibilities, now and in the future.

The aim for PSHE education is to provide pupils with essential personal and interpersonal skills to develop:

- accurate, balanced and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives
- opportunities to develop positive personal attributes such as resilience, self-confidence, self-esteem and empathy

Using the Scheme of Work from the PSHE Association, PSHE is delivered under each of the three core themes

- Health and Wellbeing
- Relationships
- Living in the Wider World

We use a teaching tool called 1 Decision to deliver relevant, current and accessible lessons.

Creating a safe and supportive learning environment

- This policy is informed by the school's safeguarding and child protection policy. If a safeguarding issue arises, staff will follow safeguarding procedures for their school and inform the DSL who is Mrs Louise Jones.
- We will ensure that if pupils are identified as vulnerable, further support and advice from the SENDco or SLT will be sought and outside agencies may be consulted if deemed necessary.
- As PSHE education works within pupils' real life experiences, it is essential to establish a safe learning environment where clear 'ground rules' are established at the beginning of each session and are understood by all adults and pupils. This environment is created by encouraging and modelling an open and honest classroom culture which is underpinned by the Co-operative values, British values and Landewednack School's SHINE values and curriculum drivers.

Entitlement and Equality of Opportunity

- Full PSHE education provision should be accessible to every pupil, in line with our Equality Policy, although parents have a right to withdraw their children from those parts of RSE not within the national curriculum science programmes of study. For further details, please see government proposals for teaching requirements from September 2020. <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>
- Teaching will take into account the age, ability, readiness and cultural backgrounds of children and those with English as a second language to ensure that all can fully access PSHE education provision.
- We celebrate diversity and inclusion to ensure equality for all by raising awareness and developing understanding of tolerance, respect and acceptance.
- We will ensure that all pupils with SEND receive access to PSHE. This may be through adapted learning opportunities and outcomes, 1:1 support, small group work, scaffolded discussions and guidance from outside agencies.

Intended Outcomes

As a result of our PSHE programme of learning, pupils will develop skills to:

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people
- develop independence and responsibility in their learning and behaviour
- play an active role as members of a democratic society
- make the most of their own abilities and those of others
- behave in a socially and morally acceptable way including towards authority and each other
- become involved in the life of their community
- know about democracy and how to be active citizens, embodying British Values
- know about economic wellbeing.
- be aware of global issues
- value the achievements they make, and the achievements of others
- make informed choices about dealing with risks and meeting challenges

Teaching and Learning

Principles and Methodology

- PSHE education will consider pupils' starting points. Pupils will bring differing levels of knowledge and understanding to any issue explored through PSHE education. Where possible, any new topic in PSHE education will start by determining pupils' prior knowledge.

- The potential consequences of lifestyle choices will be made clear. It is important that pupils are reassured that the majority of young people actually make positive, healthy lifestyle choices.
- It is important that pupils are helped to make connections between the learning they receive in PSHE education and their current and future 'real life' experiences.
- The spiral, progressive nature of the PSHE curriculum will allow themes to be revisited, developing the skill of critical reflection as understanding is deepened.

Planning

Our scheme of work is based on that recommended by the PSHE association.

We have a rolling programme in order to deliver the curriculum to classes comprising of more than one year group. Children will revisit themes, building on their knowledge, understanding and skills.

Careful consideration, planning and differentiation will be used to ensure that delivery is at the right level for pupils, regardless of their year group when participating in each cycle of the rolling programme.

Some topics are specific to year 6s.

- Lessons will be designed to be sensitive to a range of views but the school will ensure that pupils always have access to the learning they need in order to stay safe and healthy, and to know and protect their human rights. This will include clear, impartial information.
- Planned enrichment days may be used to develop, extend and enhance the PSHE education programme.

Assessment

- A range of assessment strategies will be used and will focus on PSHE learning objectives and outcomes to inform the next stage of teaching and learning.
- We will use dynamic planning to respond to and explore issues that may arise within our school community, wider community, nationally or globally.

Confidentiality

- Teachers will not offer complete confidentiality; for everyone's safety, teachers will inform pupils about what can and cannot be kept confidential.
- External contributors, including school nurses, will be informed about these rules and that whilst working in the school, they are bound by the school's confidentiality policy.

Responding to Pupils' Questions

- The use of ground rules, negotiated between teachers and pupils, will help to create a supportive climate for discussion, in which questions can be openly asked and answered, within the context of the PSHE programme and with consideration to prior learning and readiness

- If necessary, teachers will ask a pupil to wait for an answer to give them time to consult with the school's leadership team if they feel this appropriate, or if the question raises potential safeguarding concerns. *(For instance: 'That is a really important question and I will answer that later/ in the next session.')*
- Teachers will promote accessibility to an anonymous question box where pupils who are not comfortable raising questions in an open setting may ask questions to be responded to at a later date.

Involving Parents and Carers

- PSHE is strongest when there is communication and collaboration between school and home. We are committed to working with parents and carers.
- At Landewednack, we offer materials for parents or carers to explore with their children before the lessons take place.
- At Landewednack, we offer an evening or afternoon workshop for interested parents and carers to make them aware of external information and guidance materials from relevant organisations that they can use/explore with their children
- Legislation states that parents have the right to withdraw their children from aspects of RSE which do not form part of the science national curriculum. Schools will inform parents and carers of their right to withdraw their children from aspects of RSE before the lessons take place.

Policy Review

- The PSHE policy will be reviewed in December 2027 and then at least every 2 years or when statutory guidelines change to ensure that it continues to meet the needs of pupils, staff and parents, and that it is in line with current DfE advice and guidance.