

## Landewednack Community Primary School

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Date: 25<sup>th</sup> April 2024

Dear parents

As part of our rich and broad curriculum at Landewednack School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives our children the knowledge, understanding, attitudes and practical skills to live healthy, safe productive and fulfilled lives.

This subject includes progressive modules on Relationships and Sex Education (RSE), which include topics relating to physical and mental health, wellbeing, safeguarding, healthy relationships and the emotional and physical aspects of growing up. Relationships and Health Education, is statutory and forms part of the National Curriculum. Statutory guidance can be found at

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

Kate Hughes has had specific training in this area and is incredibly knowledgeable; she delivers much of the PSHE and RSE content. Kate and I would love to give you the opportunity to see exactly how RSE is taught, with examples of the resources we use as well as to give you the opportunity to ask any questions you may have. Therefore, we will be running two information sessions on **Thursday 9<sup>th</sup> May** at **2:30 or 5:30** (these will include the same content). Please do come along if you wish to find out more. If you are unable to attend and would like more information, please contact the school.

We hope to see you on 9<sup>th</sup> May at one of these times.

Thank you for your continued support

Louise Jones and Kate Hughes

